



# Backpacking Gear Check List



Waterproof. Compartmentalize. First In, Last Out.

*Cotton is Rotten*

## PERSONAL GEAR

- Pack Cover (compactor/heavy duty trash bag)
- Backpack (60+L)
- Sleeping Bag (EN temp>30 degeed, under 3 lbs)
- Sleeping pad
- 2- 3 person tent (share among 2-3 scouts)
- Trekking Poles (*optional*)

## CLOTHING - ON YOU @ TRAILHEAD

- Wide-brimmed hat or baseball cap
- Mid-layer wind/ fleece long sleeved shirt
- Short sleeve wicking T-shirt
- Undergarments
- Hiking, convertible or scout pants
- Socks (hiking, wool, etc.)
- Hiking Boots (preferably waterproof)
- Watch (*optional*)

## CLOTHING- STORED IN STUFF SACK

- Stuff Sack, dry bag, or gallon Ziplock bags
- 1 Short sleeved wicking T-shirt
- 1 Long-sleeved base layer shirt (sleep shirt)
- 1 undergarments
- 1 Base layer pants (sleep pants)
- 2 pairs of socks

## CLOTHING- EASY TO REACH, TOP OF PACK

- Beanie
- Rain Jacket
- Puffy (insulated) jacket
- Gloves
- Sunglasses

## EAT/DRINK

- Bowl (lightweight)
- Spoon or Spork
- 2 Nalgene or Smart Water Bottles (1L)

## OTHER ESSENTIALS- STORE IN OUTER POCKETS

- Headlamp with fresh batteries
- Pocketknife
- Bandana/small wash cloth (only cotton exception)
- Small Travel-sized Hairbrush or comb
- Hiking Kit- TP, baby wipes, quart sized bag for trash
- Camera (*optional*)
- Pen & notepad (*optional*)

## SMELLABLES\*- STORE IN BEAR CANISTER WHILE AT CAMP

- Stuff sack or gallon ziploc bag with your name on it
- Personal First Aid Kit\*
- Lip Balm\* (SPF preferred)
- Hand Sanitizer\*
- Toothbrush, toothpaste, floss\*
- Feminine Hygiene Kit\* (*optional*)

## PATROL GEAR

- Small roll of Duct Tape\*
- Deck of Cards
- Sunscreen\*
- Insect Repellant\*
- Trowel